

Connections

A monthly publication from St. Timothy's in-the-Valley Episcopal Church

Gratitude

Let's Practice & Celebrate Gratitude This Year!

'Gratitude is a path to greater connection with God, with others, with the world, and even with our own souls. It's time to embrace a more radical practice of gratitude – the virtue that heals us and helps us thrive.'

- Diana Butler Bass

Our Stewardship Theme this year is Gratitude. It is a powerful spiritual force for us personally and as a community of faith. Even when things look grim, we have so much for which to be grateful! How do we acknowledge our gratitude towards God and others? How do we practice gratitude in our work, our play, our service, and our prayer? I invite you to begin a yearlong Gratitude Journey with me beginning with the consideration of our generosity towards the ministry of St. Timothy's.

- Cheryl

The Vestry has designated Sunday November 17th **GRATITUDE SUNDAY!** Our Senior Warden Mr. Billy Wayne Bailey will address the congregation during the sermon time, we will share in a Thanksgiving Dinner following worship provided by our Kitchen Crew, (donations will be greatly appreciated for the meal), and congregational leaders will distribute Stewardship packets to each household.

In the Stewardship packet this year you will receive a report of the ministries and maintenance projects of 2019 and an update on our current financial situation. You will receive a copy of the proposed 2020 budget with explanations where needed. A 2020 pledge card will be included for each household as well as for each child in the household.

Also included will be a short description of most of the ministries that occur in and through St. Timothy's with an invitation for you to join in giving of your time and talent where you feel called to participate. It is our sincere desire that everyone will prayerfully consider your financial contribution to the ministry of St. Timothy's as well as your time/talent contribution. It takes all of us doing what we can to share the love of Christ to all people here in our community and beyond.

Wonderful Wednesdays Women's Book Group



Wonderful Wednesdays Women's Book Group will meet every Wednesday in November **except November 27**, the day before Thanksgiving from 10:45am until noon in the Sanctuary. We are currently using the book "*Boundless Compassion: Creating a Way of Life*" by Joyce Rupp as a guide to our discussions and prayers. We discuss the author's ideas as well as our own thoughts and experiences. Interested persons do contact Kitty Byus 304-757-0319.

Community Cupboard Update



Tina McClung and Cheryl attended the quarterly meeting of the Board of Directors for the CCC at the end of October.

This ministry continues to thrive and serve our community very well. The need for volunteers – OUTSIDE OF TUESDAY AND FRIDAY – continues. If you can lift 25-40lbs at a time and are willing to give a couple hours of your time once a month to unload the food bank trucks when they deliver, please speak to Tina or Cheryl.

For this next quarter, November-January, St. Timothy's is requested to donate **pasta and sauce**. Please purchase **only 1lb boxes** of spaghetti or pasta and **16-ounce jars** of sauce. This helps consistency and shelving ability.

Please plan now to volunteer for St. Timothy's time of service during the first two weeks of January – 3, 7, 10, 14, 17. Sign up sheets will be available in December.

Lunch Bunch

Lunch Bunchers will meet "Down on the Farm!"

Join us **at Bob Evans**, 70 Liberty Square, on the second **Wednesday, November 13th at 12:30 pm** where breakfast is served all day, Family and friends are welcome.



Do contact Lola Warren (304-743-9935) or Kitty Byus (304-757-0319) to make your reservations. An accurate count is important this month.

Centering Prayer

"Be still and know that I am God" Psalm 46:10.

St. Timothy's ecumenical prayer group will meet on **Sunday afternoon, November 10 from 3:30 until 5 pm** in The Meeting Room. Anyone interested in exploring this type of spiritual practice is welcome to join us. No commitment is required.

Questions or interested persons do contact Kitty Byus at 304-757-0319 or kittybyus@suddenlink.net.



Troop 36 Important Events

Nov. 2 — Food Bag Distribution

Nov. 9 — Food Bag Pickup
Flag Ceremony

Nov. 10 — Jack Coleman's
Eagle Ceremony (St. Timothy's)

Nov. 11 — Service Project
(Veteran's Dinner @ HHS)

Nov. 15-17—Camp Out @ Robert C. Byrd Dam

Nov. 18 — Troop Committee meeting



I Am Thankful

A Reflection by Andy Bird

November is often a time of reflection and acknowledgment of our blessings, especially in our secular life. It is a time that we pause for a short time to be thankful.

A few weeks ago, I had the privilege, as did others, to be present as a member of St. Timothy's during the inaugural **Doorways** event. The Doorways event welcomed guests to look at wonderful displays of art and have dialogue about suicide awareness and prevention. One evening as I listened to the speaker telling their story I heard clapping. It was coming from downstairs from an **AA** meeting. I then heard sounds of children playing outside as part of the **Daisy Scout** meeting. It was after this occurrence that I realized just how much we do for our community outside of our worship offerings on Sunday. Just in that one week in September we: had The **Gabriel Project**, **Monday Night Dinner**, **Compline**, **Daisy Scouts**, **Boy Scouts**, **AA**, **NA**, **Book Group**, **Bible Study**, and the **Autism Support Group**.

It is no secret that I am a proud Episcopalian. Last year, the Episcopal Church received great press after the Royal Wedding which prompted much needed discussion about **Who We Are**. This wedding resulted in Episcopalians being called to follow the **Way of Love**, to practice following the Way of Love Jesus instructs us. I can say that I am very proud to see that, we, at St Timothy's are practicing the Way of Love. I see it as I sit with strangers on Monday night and enjoy a meal with them. I see it with our outreach of the Gabriel Project ministry and with the discretionary money being used to help those who just need a little extra help to keep utilities on or basic needs. I see the Way of Love shown to school children with the help of our involvement with **the backpack buddy** program at Hurricane High School or with our work with the **Christian Community Cupboard**. I see the Way of Love during our worship services with people coming to receive the Sacraments. Our ministry is not going unnoticed as I can say that I have had people come up to me and say your church does a lot for the community and a few who have never attended an event write a check to help with our ministries.

The realization of just how important our work and ministry is in our community that hit me in September made me realize just how thankful I am. I am thankful to be an Episcopalian. I am thankful to be a member of St. Timothy's. Where would our neighbors be if we didn't exist? I am thankful that because of each person at St Timothy's we don't have to answer that question. I am thankful to each of you; you make St Timothy's a community that is actively practicing the Way of Love. Your gifts of love, service and your financial resources allow our witness to continue in our community. In closing, **THANK YOU**. Thank you for allowing St Timothy's to offer our ministry and resources to our community. Thank you for helping me be a proud Episcopalian, seeking to follow the teachings of Jesus.

Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.

- Desmond Tutu

Thanksgivings

With the theme of 2020 being Gratitude, We would like to hear everything you're thankful for! Starting on November 24 and going through 2020, there will be slips of paper in the Welcome Center. Whenever you feel like expressing your gratitude for anything, please write it down along with your name (or you can remain anonymous) and put it in the box we will have set up! We may feature them in a few different places.

What ARE You Thankful for?

Hurricane Community Band Fall Concert

We are hosting the Hurricane Community Band on Saturday, November 9th at 3:00pm for their Fall Concert. Also, our very own Boy Scouts Troop 36 will be doing a flag ceremony just before the Concert starts. Please consider attending, admission is FREE! Come out and support the Community Band!



Christian Education & Formation Surveys

The Christian Formation Ministry Team would like input about your Christian Formation interests and needs. This will help us to plan programs with appropriate formats and times. We have developed a separate survey for children, youth and adults. Surveys can be completed online or on paper. The online forms are available on our website as well as in our weekly email blasts and the paper versions will be available in the Welcome Center.



**Completed surveys are needed
by November 30.**

St. Timothy's Scrip Program

As everyone is getting ready to buy gifts and stocking stuffers for



Christmas, please consider getting your gift cards through our Scrip Program! We have all kinds of gift cards for restaurants like Panera, TGI Fridays, Bob Evans, and more, as well as gift cards to Walmart, Barnes & Noble, Cabela's, Lowes, and Cinemark!

Contact Jennifer Midkiff for more information or to purchase!

Gabriel Project

Update

October and November have been very busy for us. Our client counts have more than doubled and we are in need of Sensitive formula, baby food, cereal, baby bottles, diaper bags etc. Clothes are always accepted.

Also, our Jams and Jellies sale was a huge success. St Timothy's sales were over 1200.00. Thanks to all who ordered.

The orders will be in around the first week of December. Your support for this important outreach is greatly appreciated.

-Carol McDonough, Coordinator.

New Email Address

We are switching to a new email address! The new email will be office@sttimothyswv.org. Please add this address to your safe-senders list to make sure you get our emails! We will still have access to the old email as this transition will take some time to get used to.



November Sunday Servers



| | November 3 Proper 26 | November 10 Proper 27 | November 17 Proper 28 | November 24 Christ The King |
|--------------------------------|------------------------------------|--|--|---|
| Chalice Bearers | Andy Bird Billy Wayne Bailey | Cathy Slep Dave Wood | Andy Bird Soleil Gregg | Terrance Lively Nathan Arnett |
| O.T. & Psalm Reader | Karen White | Janessa Noel | Trish Fisher | Grace Goes |
| N.T. Reader | Richard Spillman | Sarah Castle | Marcy Benincasa | Hannah Goes |
| Prayers of The People | Nona Dolmetsch | Karen White | Dave Wood | Cooper Ellis |
| Acolytes | Jana Naylor-Aten Hailey Bennett | James Kliner Jayden Ellis Michael Kliner | James Kliner Jana Naylor-Aten Lilly Kaul | Lauren Arnett Jayden Ellis Dehlia Ellis |
| Ushers | Chris Lewis Alex Ward | Randy Thompson Jenny Jenkins | Kelle Maxwell Frank Thompson | John Alvis Terry Holliday |
| Counters | Karen White Allison Hughart | Mark & Jenny Jenkins | Karen White Allison Hughart | John Wilson Lola Warren CS: Roger Guest |
| Children's Chapel | Laura Leslie Linda Hull | <i>Leader Needed</i> Terry Holliday | Laura Leslie Missy Pauley | Children's Sermon |
| Nursery | <i>Volunteers Needed</i> | Diane & Caroline Damron | <i>Volunteers Needed</i> | <i>Volunteers Needed</i> |
| Vestry Greeter | TBD | Randy Thompson | Billy Wayne Bailey | Terrance Lively |
| Altar Guild | Kitty Byus Susan Patrick | Kitty Byus Susan Patrick | Kitty Byus Susan Patrick | Kitty Byus Susan Patrick |



November



| | | | | | 1 | 2 |
|--|--|--|--|---|----|--|
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| <p>10:30am—Holy Eucharist & Baptism (S)</p> <p>11:30am—Choir Practice (CR)</p> <p>5:30pm—Holy Eucharist (S)</p> | <p>12-2:00pm—Gabriel Project</p> <p>5:30pm—Monday Night Supper (GFH)</p> <p>6:30pm—Boy Scouts (AC)</p> <p>6:30pm—Compline(S)</p> | <p>6:00pm—Girl Scouts (AC)</p> <p>7:00pm—NA (MR)</p> | <p>10:45am—WWW Book Club (S)</p> <p>8:00pm—AA (MR)</p> | | | <p>3:00pm—Boy Scouts Flag Ceremony</p> <p>3:00pm—Veteran's Day Concert</p> |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| <p>10:30am—Holy Eucharist & Baptism (S)</p> <p>11:30am—Choir Practice (CR)</p> <p>2:00pm—Autism Group (GFH)</p> <p>3:00pm—Eagle Scout Ceremony (S)</p> <p>3:30pm—Centering Prayer (MR)</p> <p>4:00pm—Youth confirmation Class (RO)</p> <p>5:30pm—Holy Eucharist (S)</p> | <p>12-2:00pm—Gabriel Project</p> <p>5:30pm—Monday Night Supper (GFH)</p> <p>6:30pm—Boy Scouts (AC)</p> <p>6:30pm—Compline(S)</p> | <p>6:00pm—Girl Scouts (AC)</p> <p>7:00pm—NA (MR)</p> | <p>10:45am—WWW Book Club (S)</p> <p>12:30pm—Lunch Bunch @ Bob Evans</p> <p>8:00pm—AA (MR)</p> | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| <p>10:30am—Holy Eucharist (S)</p> <p>11:30am—Choir Practice (CR)</p> <p>12:00pm—Vestry Meeting (RO)</p> <p>3:30pm—Centering Prayer (MR)</p> <p>5:30pm—Holy Eucharist (S)</p> | <p>12-2:00pm—Gabriel Project</p> <p>5:30pm—Monday Night Supper (GFH)</p> <p>6:30pm—Boy Scouts (AC)</p> <p>6:30pm—Compline(S)</p> | <p>6:00pm—Girl Scouts (AC)</p> <p>7:00pm—NA (MR)</p> | <p>10:00am—TV Mom's Club (GFH/AC)</p> <p>10:45am—WWW Book Club (S)</p> <p>8:00pm—AA (MR)</p> | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| <p>10:30am—Holy Eucharist (S)</p> <p>11:30am—Choir Practice (CR)</p> <p>4:00pm—Youth confirmation Class (RO)</p> <p>5:30pm—Holy Eucharist (S)</p> | <p>12-2:00pm—Gabriel Project</p> <p>5:30pm—Monday Night Supper (GFH)</p> <p>6:30pm—Boy Scouts (AC)</p> <p>6:30pm—Compline(S)</p> | <p>6:00pm—Girl Scouts (AC)</p> <p>7:00pm—NA (MR)</p> | <p>8:00pm—AA (MR)</p> | <p><u>Thanksgiving Day</u></p> <p><u>Office Closed</u></p>  | | |

Our Church Directory is Online!

View our church directory online or via the **FREE** mobile app today.

To view the directory online, go to members.InstantChurchDirectory.com and follow the prompts under “Sign In” to “Create a login now.” Please remember, you must confirm your email address before you can sign in.

There is also a free mobile app available for download at the Apple® App store in iTunes®, Google Play™ store and the Amazon Fire App Store. Simply search for “**Instant Church Directory**” to get the download.

You will need to use your email address as listed in our directory to create a log-in the first time you use the directory online and via the mobile app.

Need help or have questions?

Please call or text **Katie Conley (304-610-6570)** or

email.office@sttimothyswv.org*

*This is our **NEW** email address



Our Church Directory is powered by *Instant Church Directory*.

Monday Night Supper November Menu

11/4

Soups & Salad Bar
with Turkey & Ham
Sandwiches

11/11

Pasta Night! Marinara,
Meat Sauce, Alfredo,
Salad & Rolls

11/18

Breakfast for Dinner!
Eggs, Sausage, Biscuits,
Sausage Gravy, Fruit,
OJ & Milk

11/25

Ham, Mashed Potatoes,
Green Beans,
Rolls & Desserts

*Menu Subject to Change, Please
check the Feed Putnam Facebook
Page for updates*

November/December Women's Dinner & Book Group

Come close out another year of reading at the Thursday, December 5th meeting of St. Timothy's Woman's Dinner and a Book Group at 6:30pm in the Garrett Fellowship Hall. Kitty Byus will be our hostess for the evening. Our year ending book is "Becoming" an intimate, powerful, and inspiring memoir by the former First Lady of the United States.

In a life filled with meaning and accomplishment, Michelle Obama has emerged as one of the most iconic and compelling women of our era. As First Lady of the United States of America—the first African American to serve in that role—she helped create the most welcoming and inclusive White House in history, while also establishing herself as a powerful advocate for women and girls in the U.S. and around the world, dramatically changing the ways that families pursue healthier and more active lives, and standing with her husband as he led America through some of its most harrowing moments. Along the way, she showed us a few dance moves, crushed Carpool Karaoke, and raised two down-to-earth daughters under an unforgiving media glare.

In her memoir, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her—from her childhood on the South Side of Chicago to her years as an executive balancing the demands of motherhood and work, to her time spent at the world's most famous address. With unerring honesty and lively wit, she describes her triumphs and her disappointments, both public and private, telling her full story as she has lived it—in her own words and on her own terms. Warm, wise, and revelatory, *Becoming* is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations—and whose story inspires us to do the same.

There are several copies of the book in various formats at the Western Regional library website (Putnam County) and at the Kanawha County Library. You can also find it at your local bookstore or online.

Our hostess Kitty Byus will supply the main dish and other group members will bring the rest of the dinner like salad, dessert, fruit, rolls/butter. We are all trying to come up with a honey of a meal! You can call Kitty at 304-757-0319 for information about the menu. Newcomers are always welcome, and it isn't necessary to have read the book. You only need to let us know that you plan to come, there's a place at the table set just for you.



Lets Fill Backpacks for HHS Thanksgiving Break!

Part of our ministry to address hunger issues in our community is to assist in keeping the Hurricane High School Food Pantry stocked with items used to fill backpacks for students in need. With the Thanksgiving Break coming, the counselors will try to fill the backpacks with additional items to last more than a couple of days. Below is a list of the items needed. You may think that these items aren't very nutritious, etc... but these are items that can be eaten out of the can or heated up in the microwave. Many of these students are truly fending for themselves.

There will be a box in the Welcome Center to collect these items (separate from the CCC items.) Last day to donate is November 17th. If you would like to do a financial donation for these items you may write a check to St. Timothy's with **Backpack** in the memo or put cash in an envelope and label.

Thank you for your generosity.

- Chef Boyardee (easy to open cans)
- Easy Mac & Cheese
- Microwave rice bowls/bags
- Easy open vegetables
- Ramen Noodles
- Beanie Weenies
- Breakfast Bars
- Pop tarts
- Individual cereal boxes
- Applesauce cups/squeeze bottles
- Fruit cups
- Oatmeal packages
- Granola Barnes
- Rice Krispies treats
- Pudding cups (non refrigerated)
- Individual packages of gold fish
- Individual packages of graham crackers
- Small bags of chips
- Complete meals
- Soups (easy open cans)
- Crackers or cracker sandwiches



Birthdays

| | |
|----|-------------------|
| 2 | Nate Branam |
| 3 | Sandy Weddington |
| 4 | Hart Childress |
| 4 | Jillian Noel |
| 6 | Amy Alvis Stotts |
| 7 | Logan Rumbaugh |
| 9 | Marcy Benincasa |
| 11 | Allison Pauley |
| 21 | Kim Montgomery |
| 22 | Ainsley Bailey |
| 22 | Allison Bailey |
| 23 | Michael McDonough |
| 24 | Shelly Young |
| 26 | Trevor Dolan |

Anniversaries

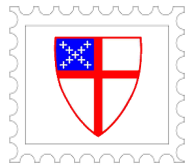
| | |
|----|-----------------------|
| 14 | Jerry & Diane Damron |
| 16 | John & Marty Alvis |
| 21 | Doug & Terry Holliday |





**St. Timothy's in-the-Valley
Episcopal Church**

P.O. Box 424
3434 Teays Valley Road
Hurricane WV 25526



The Rev. Cheryl Ann Winter, RECTOR

Staff

Andy Bird, LAY ASSISTANT

Katie Conley, SECRETARY

Janet Heck, MUSIC DIRECTOR

Chloe Sergent, CHORAL SCHOLAR

Jim Dunaway, CUSTODIAN

Vestry

Billy Wayne Bailey SR. WARDEN

Randy Thompson, JR. WARDEN

Laura Leslie

Joyce Wilson

Tom Midkiff

Chris Branam

CK Dolan

Terrance Lively

Brian Noel

Ed Garrett, TREASURER

Trish Fisher, VESTRY CLERK



St. Timothy's in-the-Valley Episcopal Church

Come As You Are

Sundays:

10:30am—Holy Eucharist

5:30pm—Holy Eucharist with Healing

Mondays:

5:30pm—Free Community Dinner

6:30pm—Compline