

Connections



St. Timothy's in-the-Valley Episcopal

A monthly publication of St. Timothy's in-the-Valley Episcopal Church

3434 Teays Valley Road • P.O. Box 424

Hurricane, WV 25526

Phone: 304.562.9325

sttimothyoffice@frontier.com

sttimothyswv.org

The Choir Returns from Summer Break

The first choir practice of the fall will be **after church on Sunday, September 10th**. The first day of vesting and singing will be Sunday, September 17th. If you are at all interested in singing with the choir, please join Janet Heck, our music director, in the choir room on the lower level. ✧



New Secretary Hired

Please help welcome Nicki Wood to the staff at St. Timothy's. Nicki will serve as secretary beginning September 5th. Her office hours will be Monday-Friday, 10:00 a.m.-2:00 p.m. Stop in to introduce yourself! Karen White, who has served St. Timothy's for nearly 10 years, will continue to work some evenings and Saturdays in order to train Nicki and to wrap up some of her work. ✧



Bishop Van Koevering to Visit



We are delighted to announce that Bishop Van Koevering will make his official visit to St Timothy's on Sunday, October 1st. Following worship there will be a covered dish lunch in his honor. He will meet with the Vestry following lunch.

Break out your favorite fall recipes for our first after church luncheon of the 2017-2018 season. If you are willing to help set up, clean up, or help staff the kitchen that morning, please let Cheryl know ASAP. Many hands make light work. ✧

For the Victims of Hurricane Harvey

Loving God, in the communion of Christ, we are joined with the trials and sufferings of all. Be with those who are enduring the effects of Hurricane Harvey. Protect those in the path of danger. Help loved ones find each other in the chaos. Comfort those who have lost so much. Ease the fears of all. Above all, make your presence known in the stillness of your peace, through Jesus Christ. Amen.

To make a donation to help the Texas flood victims, please visit the Episcopal Relief & Development web page at <http://www.episcopalrelief.org/what-we-do/our-programs/us-disaster-program>. ✧



Inside this issue:

Lunch Bunch	2
Vestry Notes	2
Stewardship Prayer.....	2
Women's Dinner/Book ...	2
Wonderful Wed.'s.....	3
Centering Prayer	3
Life Line Screening	3
Space Changes	3
S. Day Visitation	3
Sunday Servers	4
Sept. Celebrations.....	4
Sept. Calendar	5
Prayer List	back
Blessing of Animals ...	back

To make a submission to the next issue of *Connections*, please email sttimothyoffice@frontier.com or mail submissions to the church office by September 25, 2017.



Lunch Bunch: (Ruby) Tuesday's on Wednesday

Lunch Bunch will meet and eat on Wednesday, September 13th, at 12:30 p.m., at Ruby Tuesday at the Huntington Mall, #395 500 Mall Road, Barboursville. Their extensive salad bar is a favorite of the group!

Please contact Kitty Byus (304-757-0319) or Lola Warren (304-743-9935) so that the appropriate number of seats can be reserved. Reminder: Friends and neighbors are welcome! Lunch Bunch generally meets on the 2nd Wednesday of every month. ❖



Notes from the Vestry

The Vestry and Visioning Committee, as well as a few others, met with Dr. Cathy Slep on August 20, 2017. She led a training that will help us develop a plan to respond to disasters within our church and community. A new Preparedness Committee is being developed to guide the Vestry and Visioning Committee with this work. If you are interested, please speak to Rev. Cheryl. The Vestry also met briefly following this event to discuss moving the office to the main floor and some other changes in space. **The Vestry will meet again on September 17th.** Please speak to a member of the Vestry for more information.

Andy Bird, Sr. Warden ❖

Stewardship Prayer

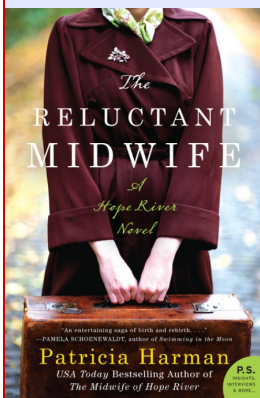
Loving God, I come to you in thanksgiving, knowing that all I am and all that I have is a gift from you. In faith and love, help me to do your will. I am listening, Lord God. Speak your words into the depth of my soul, that I may hear you clearly. I offer to you this day all the facets of my life, whether it be at home, at work, or at school—to be patient, to be merciful, to be generous, to be holy. Give me the wisdom and insight to understand your will for me and the fervor to fulfill my good intentions. I offer my gifts of time, talent and possessions to you as a true act of faith, to reflect my love for you and my neighbor. Help me to reach out to others as you, my God, have reached out to me. Amen. ❖

Come Grow With Us!

Women's Dinner & A Book

The Women's Dinner & A Book Group is starting off Autumn with *The Reluctant Midwife*, a book by West Virginia author Patricia Harman. Our meeting will be held on Thursday, Sept. 21, at 6:30 p.m., in the Garrett Fellowship Hall with Joyce Wilson as hostess.

Patricia Harman, CNM, will be one of the speakers at the annual West Virginia Book Festival on October 27th & 28th at the Civic Center in Charleston. She got her start as a lay-midwife on rural communes and went on to become a nurse-midwife. She lives near Morgantown, WV and is the author of two acclaimed memoirs and the USA Today bestselling *Midwife of Hope River* series. Her latest book is *The Runaway Midwife*. Here's a bit more about *The Reluctant Midwife*, the second book in the series, from Amazon.com:



“The Great Depression has hit West Virginia hard. Men are out of work; women struggle to feed hungry children. Luckily, Nurse Becky Myers has returned to care for them. While she can handle

most situations, Becky is still uneasy helping women deliver their babies. For these mothers-to-be, she relies on an experienced midwife, her dear friend Patience Murphy.

“Though she is happy to be back in Hope River, time and experience have tempered Becky's cheerfulness-as tragedy has destroyed the vibrant spirit of her former employer Dr. Isaac Blum, who has accompanied her. Patience too has changed. Married and expecting a baby herself, she is relying on Becky to keep the mothers of Hope River safe.

“But becoming a midwife and ushering precious new life into the world is not Becky's only challenge. Her skills and courage will be tested when a calamitous forest fire blazes through a Civilian Conservation Corps camp. And she must find a way to bring Isaac back to life and rediscover the hope they both need to go on.”

There are several copies of the book available through the Putnam County Library system and an audio version as well. Of course, it is available to purchase at your favorite bookseller.

Joyce will supply the main dish, and other group members will bring the rest of the dinner like salad, dessert, fruit, rolls/butter. You can call Joyce at 304-757-8168 for information about the menu. Newcomers are always welcome, and it isn't necessary to have read the book. Let us know you plan to come; there's a place at the table set just for you. ❖



▶ Wonderful Wednesdays

Women's Book Club

Calling all women! We invite you to be a part of our group that meets on Wednesday mornings in the Sanctuary, from 10:45 a.m. until noon. **We will begin our fall session on Wednesday, Sept. 13th, at 10:45 a.m.**

We follow a general format that includes reading the book out loud, so you do not have to read the book in order to come. We are beginning a new (to us) book by Linda Douty, *How Can I Let Go If I Don't Know I'm Holding On? Setting Our Souls Free*.

"Letting go isn't just saying good-bye to people, places, and things. It's also about giving up attitudes and ideas—such as perfectionism, resentment, and worry—that keep us from growing in our relationships with God and others. Letting go is crucial to our spiritual and emotional health."

Linda Douty is a retreat leader and spiritual director who serves on the leadership team of the Academy for Spiritual Formation and writes for religious publications.

Questions and/or to join our group (friends and neighbors are welcome), contact Kitty Byus, 304-757-0319. Books can be ordered through amazon.com. ✕

▶ Centering Prayer

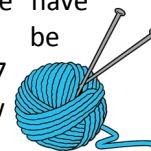
St. Timothy's ecumenical Centering Prayer group will meet in the Sanctuary on Sunday, September 17, from 3:30—5:00 p.m.

Anyone interested in exploring this type of spiritual practice is welcome to attend. The focus of Centering Prayer is the deepening of our relationship with the living Christ. Questions or interested persons do contact Kitty Byus at 304-757-0319. ✕

▶ Prayer Shawl Ministry

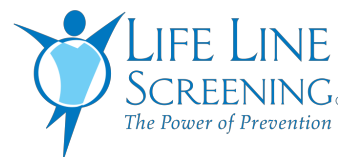
St. Timothy's offers a prayer shawl ministry. We are always looking for new members. Neighbors and friends are welcome. Easy directions for both knitted and crocheted shawls are available. Some donated yarn is also on hand.

Our shawls are made, blessed, and then delivered to those experiencing joyous occasions (weddings, new babies, baptisms) as well as for illness, accidents, or bereavement. We have several blessed shawls that can be distributed. Please let Kitty Byus (304-757-03190) or The Rev. Cheryl Winter know if you have a recipient for a shawl. ✕



▶ Do More for Your Cardiovascular Health

Life Line Screening, a leading provider of community-based preventive health screenings, is pleased to offer a preventive health event **at St. Timothy's in-the-Valley Episcopal Church on September 29, 2017**. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. There are three ways to register for this event: to receive a \$10 discount off any package priced above \$129, please call toll-free 1-888-653-6441 or visit <http://lifelinescreening.com/communitycircle> or text the word circle to 797979. ✕



▶ Necessary Space Changes

To facilitate Nicki, our new secretary, being able to welcome people during daytime office hours, we will be moving the secretary's office in with the Rector's office off the Welcome Center. The vestments have been moved to a closet near the bathrooms at the end of the main hallway. Acolytes and chalice bearers will need to arrive in plenty of time to be vested and ready to go by 10:25 a.m.! ✕

▶ Visitation for Susan Day

The visitation for Sunday Day, mother of The Rev. Stephen Day, will be on Monday, September 11, 2017, at Keller Funeral Home in Dunbar from 11:30-1:30. The Committal will follow at 2:00 p.m. Our sympathy and prayers are with Stephen and his family. May Susan rest in peace and rise in glory. ✕



September/October Sunday Service Schedule

	September 3 13 Pentecost	September 10 14 Pentecost	September 17 15 Pentecost	September 24 16 Pentecost	October 1 17 Pentecost
Chalice Bearers	Glenn Childress Cathy Slep	Andy Bird Dave Wood	Billy Wayne Bailey Kitty Byus	Nathan Arnett Soleil Gregg	Billy Wayne Bailey Andy Bird
O.T. & Psalm Reader	Robin Ward	Trish Fisher	Nona Dolmetsch	Caroline Damron	Soleil Gregg
N. T. Reader	Mitchell Proper	James Kliner	Janessa Noel	Robin Ward	Glenn Childress
Prayers of The People	Dave Wood	Nona Dolmetsch	Soleil Gregg	Kitty Byus	Karen White
Acolytes	Alex Ward Jillian Noel	Ben Arnett Sophie Carr	Rachel Midkiff Hannah Midkiff	Eric McCallister Hailey Bennett	Lauren Arnett Jillian Noel
Ushers	Nona Dolmetsch Brian Proper	Chris Lewis Jake Ward	Kelle Maxwell Frank Thompson	John Alvis Glenn Childress	Jenny Jenkins Randy Thompson
Counters	Kelle Maxwell	Mark & Jenny Jenkins	Glenn & Mary Lou Childress	Frank Thompson Lola Warren	Annette Montoya Bobby Norman
Children's Chapel	Karen White Missy Pauley	Laura Leslie <i>Assistant Needed</i>	Laura Leslie <i>Assistant Needed</i>	Children's Sermon	<i>Leader Needed</i> <i>Assistant Needed</i>
Nursery	<i>Volunteers Needed</i>	Diane & Caroline Damron	Kolbey & Jamison Walker	<i>Volunteers Needed</i>	<i>Volunteers Needed</i>
Vestry Greeter	Joyce Wilson	Laura Leslie	Randy Thompson	Billy Wayne Bailey	Andy Bird
Altar Guild	Kitty Byus Susan Patrick	TBA	TBA	Kitty Byus Susan Patrick	Marty Alvis Trish Fisher

September Celebrations

Happy Birthday to:

- 4 Brian Noel
- 7 Emma Crouch, Sally Holliday,
Claire Rogan
- 8 Lauren Arnett, James Kliner
- 10 Sandy Mundy, Susan Patrick
- 11 Andrea Markins, Tom Midkiff,
Patrick Quinn
- 12 John Alvis, Jason Boyd,
Josh Leslie, Elaine Thompson
- 13 Teke Nickerson, Randy Thompson
- 14 Ryan Click
- 15 Michael Elkins, Rick King,
Christopher Taylor, Nathan Webb
- 17 Armando Benincasa
- 19 Tim Huff
- 20 Blake Smith
- 21 Karen Huff
- 23 Pat Dawson
- 28 Aggie Holliday, Annette Montoya
- 30 Katie Chard





Happy Anniversary to:

- 4 Michael & Wanda Chamberlain
- 5 Scott & Betsy Rogan
- 13 Joshua & Jessica Santrock
- 14 Billy Wayne Bailey & Allison
Hughart
- 26 Tom & Jennifer Midkiff



September 2017

St. Timothy's in-the-Valley Episcopal Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY: AC = Activity Center CC = Child. Chapel CR = Choir Room GFH = Garrett Fellowship Hall MR = Basement Meeting Room S = Sanctuary VR = Vesting Room WC = Welcome Ctr YR = Youth Room</p>					1	2
<p>3 13 Pentecost 9:30am– Adult Sunday Schl (GFH) 10:30am– Holy Eucharist (S) 5:30pm– Holy Eucharist (S)</p>	<p>4 <i>Labor Day</i> Office Closed No Gabriel Project</p>	<p>5 7pm– NA (MR)</p>	<p>6 6:30pm– Bible Study (GFH) 8pm– AA (MR)</p>	<p>7</p>	<p>8</p>	<p>9</p>
<p>10 14 Pentecost 9:30am– Adult Sunday Schl (GFH) 10:30am– Holy Eucharist (S) Choir Practice (CR) 2pm–Autism Group (GFH) 5:30pm– Evening Prayer (S)</p>	<p>11 12-2pm– Gabriel Project Open (AC)</p>	<p>12 7pm– NA (MR)</p>	<p>13 9:00am– T.V. Moms Club (GFH) 10:45am– Women’s Book Club (S) 12:30pm– Lunch Bunch (@ Ruby Tuesday) 6:30pm– Bible Study (GFH) 8pm– AA (MR)</p>	<p>14</p>	<p>15</p>	<p>16</p>
<p>17 15 Pentecost 9:30am– Adult Sunday Schl (GFH) 10:30am– Holy Eucharist (S) Choir Practice (CR) Vestry (GFH) 3pm– Centering Prayer (S) 5:30pm– Holy Eucharist (S)</p>	<p>18 12-2pm– Gabriel Project Open (AC)</p>	<p>19 7pm– NA (MR)</p>	<p>20 10:45am– Women’s Book Club (S) 6:30pm– Bible Study (GFH) 8pm– AA (MR)</p>	<p>21 6:30pm– Women’s Dinner & A Book (GFH)</p>	<p>22 <i>First Day of Autumn</i></p> 	<p>23</p>
<p>24 16 Pentecost 9:30am– Adult Sunday Schl (GFH) 9:45am– 10:30am– Holy Eucharist (S) Choir Practice (CR) 5:30pm– Evening Prayer (S)</p>	<p>25 12-2pm– Gabriel Project Open (AC)</p>	<p>26 7pm– NA (MR)</p>	<p>27 10:45am– Women’s Book Club (S) 6:30pm– Bible Study (GFH) 8pm– AA (MR)</p>	<p>28</p>	<p>29 Life Line Screening at St. Timothy’s (GFH)</p> 	<p>30</p>





St. Timothy's in-the-Valley Episcopal Church
3434 Teays Valley Road
P.O. Box 424
Hurricane, WV 25526

**Join us each Sunday at 10:30 a.m.
or at 5:30 p.m.!**

The Rev. Cheryl Ann Winter,
RECTOR

Staff

Nicki Wood, SECRETARY
Janet Heck, MUSIC DIRECTOR
Jim Dunaway, CUSTODIAN

Vestry

Andy Bird, SR. WARDEN
John Alvis, JR. WARDEN
Billy Wayne Bailey
Laura Leslie
Tina McClung
Tom Midkiff
Brian Proper
Arthur Taylor
Randy Thompson
Joyce Wilson

Ed Garrett, TREASURER
Trish Fisher, VESTRY CLERK

▶ Prayer List

It is time for us to purge the prayer list in our bulletin. We do this from time to time because we don't always receive updates on those on the list, and we want to make sure we're listing those who have a need. You will notice a shorter list starting on Sunday, Sept. 10. If you would like someone to stay on the prayer list or to be added, please contact the office at 304-562-9325 or sttimothyoffice@frontier.com. ✕

▶ Annual Blessing of the Animals Service

We will hold our Annual Blessing of the Animals service on **Sunday, October 1st, at 3:00 p.m.** All creatures great and small are invited to come for this special service! ✕



Weekly
September 2017