

Connections

A monthly publication of St. Timothy's in-the-Valley Episcopal Church

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St. Timothy's in-the-Valley Episcopal

August Parish-wide Fellowship Event:

Birthday Bash!



Our monthly Fellowship Event for August is a BIG Birthday Party for everyone in the congregation. To Celebrate the diversity of our congregation, the event will celebrate the birthday decades of all our parishioners. It will be interesting to see how many people are represented in each decade. During the celebration we will give special recognition to our oldest church members— those who are 80 and above. We hope that everyone will come and be a part of this 'Historic Event' on August 26th following worship in the Fellowship Hall. Refreshments and CAKE will be served! If you have any questions please contact Vicki Wood or Carolyn Garrett. ✕

Playground is OPEN!

Many Thanks to Joyce and John Wilson who facilitated the removal of the poison ivy and sumac from the playground and other places around the church! They also had the weeds removed that were hanging around the flower beds around the church.



A warm thank you to Ditty Reed as well, she is from St. Mark's in St. Albans but a regular at St. Timothy's Book and Bible studies, for the hours she spent pulling weeds!

If you see a weed, please feel free to pull and dispose of it. ✕

Metro Valley Gabriel Project's 11th Annual Pig Roast Luncheon:

Yes, it's here! Advance ordering is now underway for the Metro Valley Gabriel Project's 11th Annual Pig Roast Luncheon. The event will be Wednesday, August 15th, from 11:00 am to 3 pm. Meals will be available to go from our location at Sacred Heart Grade School, off Leon Sullivan Way in downtown Charleston. Delivery in the Charleston area for 5 or more meals will be available between 11 am and 1 pm. This year all meals are \$10 each. An extra sandwich can be ordered for an additional \$5 with meal purchase. Meals include pulled pork BBQ with slaw on bun, bag of chips, cookie or fruit, and choice of beverage. And this year we are excited to announce that our meat will be prepared by Rollin' Smoke BBQ of Charleston. Online meal ordering is strongly encouraged. Our online ordering is convenient and secure through our website: gabrielwv.org.



Alternative ways to order meals are: 1) Email your order to: metrovalley@gabrielwv.org; or 2) Text message your order via our Facebook page: <https://www.facebook.com/GabrielProjMV>. Phone orders will also be accepted through August 14th by calling the Metro Valley Chapter office at 304-414-4666. You will then be contacted about payment options via cash, check or credit card.

**Carol McDonough is gracious enough to make a delivery to St. Timothy's. So if you would like to place an order then pick it up at the church you can do that as well! We will update you on what time to plan the pick up very soon. Thank You Carol! ✕



Church News

Inside this issue:

Lunch Bunch.....	2
Wed. Book Club.....	2
Notes from Vestry.....	2
Centering Prayer.....	2
Prayer Shawl Ministry.....	2
Boy Scout Info.....	2
Women's dinner/Book.....	3
Red Cross Thank You!.....	3
Monday Night Supper.....	3
Community Cupboard.....	3
Back to School.....	3
Sunday Servers.....	4
Celebrations.....	4
Calendar.....	5
Lifeline Services	back

To make a submission to the next issue of *Connections*, please email sttimothyoffice@frontier.com or mail submissions to the church office by **August 27, 2018.**



St. Timothy's is grounded in worship and committed

Lunch Bunch

Join us for fellowship and good food before the last hazy, lazy days of summer have disappeared.

Where: Taste of Asia Teays Valley, One Liberty Square

When: Wednesday, August 8, 2018 at 12:30 pm

Reminder: Friends and neighbors always welcome.

Do contact Lola Warren (304-743-9935) or Kitty Byus (304-757-0319) to make reservations. ✂



Wonderful Wednesdays Women's Book Club is on vacation!

Our weekly Wednesday meetings will resume in September after school is in session, Wednesday, September 12 at 10:45 am. We will continue our reading and discussion of Linda Douty's book, "How Do I Let Go When I Don't Know I'm Holding On". Questions? Contact Kitty Byus at 304-757-0319. ✂



Notes from the Vestry

- The fence has been extended in the Fletcher Lot to increase safety.
- The weeds have been removed from the garden and other areas. also the rose bushes have been removed from the front of the Welcome Center.

Please speak to a member of the Vestry for more information about these items.

Andy Bird, Sr. Warden



We meet again on **Sunday, August 19th** after

Worship in the Garrett Fellowship Hall. ✂

Centering Prayer

St. Timothy's Ecumenical Centering Prayer group is sponsoring an Introduction to the Centering Prayer Practice guided by a DVD series with Father Thomas Keating. We will be meeting in the basement meeting room on Sunday afternoons from 3:30 to 5:00 pm. Anyone interested in exploring this type of spiritual practice is welcome to attend. The following dates and topics are August 5th: The Discipline of Centering Prayer August 19th: What Centering Prayer Is and What It is Not Our air is to further develop the dynamic process of relationship with God and to consolidate the method and practice of Centering Prayer. Questions or interested persons do contact Kitty Byus at 304-757-0319. ✂



Prayer Shawl Ministry

St. Timothy's Prayer Shawl Ministry has finished blessed shawls to be gifted to those persons experiencing the joys or sadness in life. If you know of a recipient for a shawl see Trish Fisher, Kitty Byus or the Rev. Cheryl Winter. ✂



Boy Scout Troop 36:

Campout at the WV State Fair in

Fairlea, WV: Aug. 17th-19th

Popcorn Sale: Will begin in late August, please stay tuned for more details.

Cub Scout Leader Wanted: St.

Timothy's and the Boy Scout Troop are still looking for a volunteer for a Cub Scout Leader. Please contact the office if you are interested. ✂

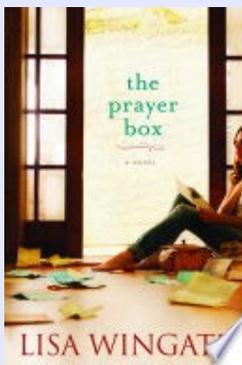


Women's Dinner & A Book

For August the Women's Dinner and a Book Group will be reading "The Prayer Box" by Lisa Wingate. We will be meeting on Thursday, August 23rd at 6:30pm in the Garrett Fellowship Hall Regina Stubbs Jr as our hostess.

Here is a bit about the book from the Amazon.com website: These things I do, this melody of an ordinary day, keep the hours in order. . . . Strange to think of that. The song of an ordinary life. Mine would be in these letters to you. When Lola Anne Poole, an old-timer on Hatteras Island, passes away in her bed at ninety-one, the struggling young mother in Lola's rental cottage, Tandi Jo Reese, finds herself charged with the task of cleaning out Lola's rambling Victorian house. Running from a messy, dangerous past, Tandi never expects to find more than a temporary hiding place within Lola's walls, but everything changes with the discovery of eighty-one carefully decorated prayer boxes, one for each year, spanning from Lola's youth to her last days. Hidden in the boxes is the story of a lifetime, written on random bits of paper--the hopes and wishes, fears and thoughts of an unassuming but complex woman passing through the seasons of an extraordinary, unsung life filled with lessons in faith, observations on love, and one final lesson that could change everything.

Regina as hostess will supply the main dish and other group members will bring the rest of the dinner like salad, dessert, fruit, rolls/butter. You can call Regina at 304-757-4644 for information about the menu. You do not have to have read the book to attend, newcomers welcome. Please RSVP. ✘



American Red Cross

The American Red Cross Says THANK YOU!!!! You all collected 26 pints for a goal of 24!!! The blood we collected can help to save the lives of 78 patients in our area hospitals needing blood. Thank so much for all of your hard work in making the drive so successful! We appreciate your donation. ✘

Monday Night Supper Menu

August 6th: Soup, Salad and Sandwiches (Billy Wayne's Team)

August 13th: Italian Night (Roger and Carolyn's Team)

August 20th: Pork BBQ with Sides (Brian Noel and Billy Wayne Bailey)

August 27th: Cook Out! (Midkiff's Team) ✘



Christian Community Cupboard:

We want to thank those of you who volunteered your time at the Community Cupboard in July. We greatly appreciate it! It takes many volunteers to make this great ministry run.

St. Timothy's has been chosen to have a "sugar drive". So if you can donate 5lb bags of sugar, you can place them in the shopping cart in the hallway. There is also a great need for toiletry items, such as: Toothpaste, Shampoo, Deodorant .

We appreciate any donations and want to thank you in advance for items you bring in. Let's fill the cart! ✘



Back To School Supplies Needed!

Here at St. Timothy's we are accepting donations of school supplies for children in Putnam County. We will continue to accept donations until Sunday, August 5th. We will then take them to the Putnam County Board of Education for them to be distributed. There is a list of items needed in the Welcome Center in front of the donation box. ✘

Back to School –First Day for surrounding Counties

Putnam County– Friday, August 17th
Kanawha County and Cabell County—Monday, August 20th ✘



August 2018 Sunday Service Schedule



	August 5 11 Pentecost	August 12-Morning Prayer 12 Pentecost	August 19 13 Pentecost	August 26 14 Pentecost	September 2 15 Pentecost
Chalice Bearers	Soleil Gregg Billy Wayne Bailey	Kitty Byus Nathan Arnett	Andy Bird Kitty Byus	Cathy Slemp Soleil Gregg	James Kliner Billy Wayne Bailey
O.T. & Psalm Reader	Dave Wood	Nona Dolmetsch	Trish Fisher	Sarah Castle	Karen White
N. T. Reader	Trish Fisher	Janessa Noel	Karen White	Richard Spillman	Marcy Benincasa
Prayers of The People	Dave Wood	Nona Dolmetsch	Soleil Gregg	Kitty Byus	Dave Wood
Acolytes	Alex Ward Jayden Ellis Morgan McIntyre	Ben Arnett Jillian Noel Zane Boyd	Lauren Arnett Hailey Bennett Dehlia Ellis	James Kliner Sophie Carr Cooper Ellis	Rachel Midkiff Jana Naylor-Smith Michael Kliner
Ushers	Frank Thompson Kelle Maxwell	Chris Lewis Jake Ward	Randy Thompson Jenny Jenkins	John Alvis Frank Thompson	Chris Lewis Jake Ward
Counters	Karen White Allison Hughart	Annette Montoya Bobby Norman	Mark & Jenny Jenkins	Lola Warren Frank Thompson	Karen White Allison Hughart
Children's Chapel	Laura Leslie <i>Volunteer Needed</i>	<i>Volunteers Needed</i>	<i>Volunteers Needed</i>	Children's Sermon	Laura Leslie <i>Volunteer Needed</i>
Nursery	<i>Volunteers Needed</i>	<i>Volunteers Needed</i>	Diane Damron and Caroline Damron	<i>Volunteers Needed</i>	<i>Volunteers Needed</i>
Vestry Greeter	Tina McClung	Billy Wayne Bailey	Ronda Moncada	Randy Thompson	TBA
Altar Guild	Chuck Montgomery Andy Bird	Chuck Montgomery Andy Bird	Chuck Montgomery Andy Bird	Chuck Montgomery Andy Bird	Kitty Byus Susan Patrick

August Celebrations

Happy Birthday to:

- 3 Maggie Rumbaugh
- 8 Jamison Walker
Kolbey Walker
- 11 Jackson Tully
- 15 Billy Jack Gregg
Chloe Noel
- 16 Daniel Alvis
Joan Whipkey
Dave Wood
- 18 Alyrah Coleman
- 18 Isabella Noel
- 19 Ed Garrett
- 20 Bruce Smith
- 22 Christopher Dolmetsch
- 23 Jim Rogan
- 24 Alexandra Moncada
- 26 Sue Lilly
- 27 Preston Alexander
- 30 Jacob Ward



Happy Anniversary to:

- 1 Steven & Michelle Terry
- 5 Armando & Marcy Benincasa
- 27 Christopher & Nona
Dolmetsch
- 29 Sandy Mundy & Teke
Nickerson
- 29 Kim Murphy & Kim Smith



August 2018

St. Timothy's in-the-Valley Episcopal Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY: AC = Activity Center CC = Children's Chapel CR = Choir Room MR = Basement Meeting Room	GFH= Garrett Fellowship Hall S = Sanctuary WC = Welcome Center O= Office GP= Gabriel Project		1 Back to School Bible School: 5:30pm- Dinner (GFH) 6-8pm- Activities 8pm- AA (MR)	2 Back to School Bible School: 5:30pm- Dinner (GFH) 6-8pm- Activities	3 Office Closed	4
5 Pentecost 11 10:30am- Holy Eucharist (S) 3:30pm-5:00pm- Centering Prayer (S) 5:30pm- Holy Eucharist	6 12-2pm- Gabriel Project (GP) 5:30pm- Monday Night Supper (GFH) 6:30pm- Boy Scouts (AC)	7 7pm- NA (MR)	8 12:30pm- Lunch Bunch @ Taste of Asia 6:30pm- Evening Bible Study (GFH) 8pm- AA (MR)	9	10 Office OPEN	11
12 Pentecost 12 10:30am-Morning Prayer (S) Lucile Dudley Memorial Service 2:00pm- Autism Group (GFH) 5:30pm- Evening Prayer	13 OFFICE CLOSED 12-2pm- Gabriel Project 5:30pm- Monday Night Supper (GFH) 6:30pm- Boy Scouts (AC)	14 7pm- NA (MR)	15 6:30pm- Evening Bible Study (GFH) 8pm- AA (MR)	16	17 Office Closed	18
19 Pentecost 13 10:30am-Holy Eucharist (S) Vestry Meeting (GFH) 3:30pm-5:00pm- Centering Prayer (S) 5:30pm- Holy Eucharist (S)	20 12-2pm- Gabriel Project (GP) 5:30pm- Monday Night Supper (GFH) 6:30pm- Boy Scouts (AC)	21 7pm- NA (MR)	22 6:30pm- Evening Bible Study (GFH) 8pm- AA (MR)	23	24 Office Closed	25
26 Pentecost 14 Children's Sermon 10:30am Holy Eucharist (S) Birthday Bash (GFH) 5:30pm- Holy Eucharist (S)	27 12-2pm- Gabriel Project (GP) 5:30pm- Monday Night Supper (GFH) 6:30pm- Boy Scouts (AC)	28 7pm- NA (MR)	29 6:30pm- Evening Bible Study (GFH) 8pm-AA (MR)	30	31 Office Closed	





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*Join us each Sunday at 10:30 a.m.
or at 5:30 p.m.!*

The Rev. Cheryl Ann
Winter, RECTOR

Staff

Nicki Wood, SECRETARY
Janet Heck, MUSIC DIRECTOR
Jim Dunaway CUSTODIAN

Vestry

Andy Bird, SR. WARDEN
Randy Thompson, JR. WARDEN
Laura Leslie
Tina McClung
Joyce Wilson
Billy Wayne Bailey
Tom Midkiff
Chris Branam
Ronda Moncada

Ed Garrett, TREASURER
Trish Fisher, VESTRY CLERK

**Lifeline Screening to be held at St. Timothy's on
Friday, Nov. 2, 2018**

Life Line Screening, a leading provider of community-based preventive health screenings will be in our community on Friday, November 2, 2018 at St. Timothy's in the Valley Episcopal Church.

Ultrasound screenings to Identify risk factors for Cardiovascular disease include; Carotid Artery (plaque buildup-a leading cause of stroke), Abdominal Aortic Aneurysm (an enlargement or weak area in the main blood vessel that carries blood from the heart to the rest of the body), Peripheral Arterial Disease (hardening of the arteries in the legs), a Heart Rhythm Screening (an EKG to detect Atrial Fibrillation-irregular heartbeat) and an Osteoporosis Risk Assessment for men and women. Being proactive about your health by knowing your risks helps you and your doctor address problems early.

Register online TODAY at www.lifelinescreening.com/communitycircle and receive your "Community Circle" discount and your Preferred Appointment! ✖

